

# Rezaei Holding Group



## Our activities

- **Export**
- Import
- Clearance
- International shipping
- Commodity Insurance

## Our export products

- ✓ Dates
- ✓ Pistachio
- ✓ Saffron
- ✓ Barberry
- ✓ Dried figs
- ✓ Rose water

[www.rezaei-holding.com](http://www.rezaei-holding.com)

# Mazafati Dates

- **The amount of supply capacity of dates by us:**  
**200 tons per month**
- **Place of production of dates:**  
**Bam, Iran**
- **Weight of boxes:**  
**200 gr, 400 gr, 600 gr**
- **Box material:**  
**recyclable**
- **Maintenance instructions:**  
**At a temperature of positive 5 to negative 5**



## The benefits of Mazafati Dates

- Relieving constipation.
- Adjusting cholesterol levels.
- Bowel disorders.
- Heart problems.
- Anemia.
- Sexual disorders.
- Preventing skin aging.
- Supply of iron needed by the body.
- Dates are good for pregnancy.
- Suitable for slimming due to high fiber.

## Our feature to provide Dates

- **Organic.**
- **Possibility of producing date juice to customer order**
- **Ability to send and maintain products with refrigerated containers to maintain product health.**
- **Use of recyclable packaging.**
- **Various packages with different weights.**
- **Selling the date product without intermediaries.**
- **Ability to provide the best quality and the most appropriate price due to the elimination of intermediaries in the supply cycle of the product.**

Nutritional value of 100 gr

calorie	277 CA
carbohydrate	74.97 gr
protein	1.81 gr
fatness	0.15 gr
water	21.32. gr
fiber	6.70 gr
sugar	66.47 gr
cholesterol	0.00 mg

[www.rezaei-holding.com](http://www.rezaei-holding.com)



## The benefits of Pistachio

- Reduces systolic and diastolic blood pressure.
- Contribute to eye health
- Help heart health.
- Help improve male sexual function.
- Help lose weight as well as maintain a healthy weight.
- Help improve diabetes.

Nutritional value of 100 gr

calorie	562 CA
carbohydrate	27.51 gr
protein	1.03 gr
Potassium	1025 mg
Forum	3.92.mg
fiber	10.3 gr
sugar	6.66 gr
Calcium	52 mg

[www.rezaei-holding.com](http://www.rezaei-holding.com)

## Pistachio

- **The amount of supply capacity of Pistachio by us:**  
**100 tons per month**
- **Place of production of Pistachio:**  
**Rafsanjan, Iran**
- **Weight of boxes:**  
**Customer order**
- **Box material:**  
**recyclable**
- **Maintenance instructions:**  
**Store in a cool, dry place**

## Our feature to provide Pistachio

- **Organic.**
- **Ability to deliver pistachio kernels.**
- **Sending pistachios from the garden to the place of delivery by refrigerated containers.**
- **Use of recyclable packaging.**
- **Various packages with different weights.**
- **Selling the pistachio product without intermediaries.**
- **quality guarantee.**
- **Best price due to the elimination of intermediaries.**

# Saffron

- **The amount of supply capacity of saffron by us:**  
**According to customer order**
- **Place of production of saffron:**  
**Ghayenat, Iran**
- **Weight of boxes:**  
**Customer order**
- **Box material:**  
**recyclable**
- **Maintenance instructions:**  
**Store in a cool, dry place**



## Our feature to provide saffron

- **Organic.**
- **Ability to deliver with various packages.**
- **Use of recyclable packaging.**
- **Ability to harvest directly from the garden without intermediaries.**
- **Various packages with different weight.**
- **quality guarantee.**
- **Best price due to the elimination of intermediaries.**

## The benefits of saffron

- **Eating saffron tea can digest food.**
- **Pain relief effect.**
- **It helps to menstruation.**
- **Saffron is blood-forming and facilitates blood circulation.**
- **Saffron consumption eliminates postpartum hemorrhage.**
- **It is calming and hypnotic.**
- **Saffron is anticonvulsant.**
- **Strengthens your sex drive.**
- **Cleanse the liver and make it strong.**
- **Cleanses the kidneys and bladder.**
- **And if you finally want to be happy and smiling always eat saffron.**

### Nutritional value of 100 gr

calorie	310 CA
carbohydrate	65.37 gr
protein	11.43 gr
fatness	0.429 g
water	11.90 mg
fiber	3.9 gr
Calcium	111 mg
cholesterol	0.00 mg

# Barberry

- **The amount of supply capacity of barberry by us:**  
**According to customer order**
- **Place of production of barberry:**  
**Ghayenat, Iran.**
- **Weight of boxes:**  
**Customer order**
- **Box material:**  
**recyclable**
- **Maintenance instructions:**  
**Store in a cool, dry place**

## Our feature to provide barberry

- **Organic.**
- **Ability to deliver with various packages.**
- **Use of recyclable packaging.**
- **Ability to harvest directly from the garden without intermediaries.**
- **Various packages with different weights.**
- **quality guarantee.**
- **Best price due to the elimination of intermediaries.**



## The benefits of barberry

- Helps the body against many bacterial infections.
- Help the digestive system
- Improve heart health.
- Prevention of metabolic syndrome.
- Cleansing the liver and gallbladder.

Nutritional value of 100 gr

calorie	316 CA
carbohydrate	63.90 gr
protein	3.60 gr
fatness	3.50 gr
water	29.gr
fiber	7.40 gr
sugar	27.20 gr
cholesterol	0.00 mg

[www.rezaei-holding.com](http://www.rezaei-holding.com)



## The benefits of Dried figs

- Dried figs cure bloating and flatulence.
- Dried figs have 5 times more calories than fresh figs.
- Dried figs are high in iron.
- It has a great effect on the treatment of eczema.
- It has a great effect on the treatment of psoriasis.
- It is also effective in treating hair loss.

Nutritional value of 100 gr

calorie	249 CA
carbohydrate	63.87 gr
protein	3.30 gr
fatness	0.93 gr
water	30.05 gr
fiber	9.80 gr
sugar	47.92 gr
cholesterol	0.00 mg

[www.rezaei-holding.com](http://www.rezaei-holding.com)

## Dried figs

- **The amount of supply capacity of Dried figs by us:**  
**50 tons per month**
- **Place of production of Dried figs:**  
**Estahban, Iran**
- **Weight of boxes:**  
**Customer order**
- **Box material:**  
**recyclable**
- **Maintenance instructions:**  
**Store in a cool, dry place**

## Our feature to provide Dried figs

- **Organic.**
- **Sending Dried figs from the garden to the place of delivery by refrigerated containers.**
- **Use of recyclable packaging.**
- **Selling the Dried figs product without intermediaries.**
- **quality guarantee.**
- **Best price due to the elimination of intermediaries.**

# Rose water

- **The amount of supply capacity of rose water by us:**  
**According to customer order**
- **Place of production of rose water:**  
**Ghamsar, Kashan, Iran.**
- **Weight of boxes:**  
**Customer order**
- **Box material:**  
**Customer order**
- **Maintenance instructions:**  
**Store in a cool, dry place**



## Our feature to provide rose water

- **Organic.**
- **Ability to deliver with various packages.**
- **Use of recyclable packaging.**
- **Ability to visit the production process.**
- **Determine the concentration of rose water at the request of the customer.**
- **quality guarantee.**
- **Best price due to the elimination of intermediaries.**

## The benefits of rose water

- **Anti-cough**
- **Eliminate stomach and intestinal pain**
- **Eliminate liver and spleen pain**
- **Eliminate eye pain**
- **Strengthen the senses**
- **Create vitality**
- **Eliminate insomnia**
- **Soothing and anti-stress**
- **Useful for skin care**
- **Strengthens your sex drive.**
- **A powerful cleanser for dry and sensitive skin**
- **Suitable for relieving headaches**
- **Lower blood pressure**

### Nutritional value of 100 gr

calorie	80 CA
carbohydrate	0.00 gr
protein	0.00 gr
fatness	0.00 gr
fiber	0.00 gr
sugar	20 gr
cholesterol	0.00 mg
Vitamin B	5%
Vitamin E	3%

# Innovation

# Loyalty

# Durability

## COMPANY DETAILS

**Address:**  
Unit 4, No 63, East Mariam,  
Elahieh, Tehran, Iran.

**Telephone:**  
(+9821) 26-20-5295  
(+9821) 26-20-5296

**Fax:**  
(+9821) 26-20-5295  
EXT. 107

**Mobile:**  
(+98) 991 5300 206

**E-MAIL:**  
[Info@rezaei-holding.com](mailto:Info@rezaei-holding.com)

## Rezaei Holding Group

**CEO: Mehdi Rezaei**

Mobile: (+98) 912 244 8704  
[Rezaei@rezaei-holding.com](mailto:Rezaei@rezaei-holding.com)

[www.rezaei-holding.com](http://www.rezaei-holding.com)